



## BSF NORDIC 2008-2009 J5/J4/J3 SKI SEASON TRAINING REGISTRATION FORM

AGE GROUP	SKI SEASON DATES	TRAINING SCHEDULE	PROGRAM FEES
<b>J5</b> Age 8 and 9 as of January 1, 2009	Sept. 2 – March 12th	Tuesday, Thursday 4:15pm - 5:45pm  Saturday 10:00am – 12:00pm  Location varies	<ul style="list-style-type: none"> <li>• Ski-Season training (including trail fee) \$400</li> </ul>
<b>J4</b> Ages 10 and 11 as of January 1, 2009	Sept. 2 – March 12th	Tuesday, Wednesday, Thursday 4:15pm - 5:45pm  Saturday 10:00am – 12:00pm  Location varies	<ul style="list-style-type: none"> <li>• Ski-Season training (including trail fee) \$560</li> </ul>
<b>J3</b> Ages 12 and 13 as of January 1, 2009	Sept. 2 – March 12th	Tuesday, Wednesday, Thursday 4:15pm - 5:45pm  Saturday 10:00am – 12:00pm  Location varies	<ul style="list-style-type: none"> <li>• Ski-Season training (including trail fee) \$600</li> </ul>

**VANS** will be available to pick up high school and middle school skiers from Bozeman Senior High School and Sacajawea Middle School on Tuesdays, Wednesdays, and Thursdays at a cost of **\$75 per skier** (note the price change due to increased gas prices). Van fees must be paid with registration prior to riding.

### PAYMENT DETAILS

**FEES:**

Ski-season (September through March) training fees have been implemented to help manage the accounting for all BSF programs. **Fees may be paid in two installments of due on September 1, and November 1, 2008.** Installment amounts are: J5 - \$200, J4 - \$280, J3 - \$300.

When making payments, please write your child's name, his/her ski group (e.g. J5), and the payment number (e.g. payment #1 of 2) on the check's memo line. If you have more than one child in the program, please fill out a separate registration form and use a separate check to pay for each child. This will facilitate bookkeeping. If you have more than one child in the program, you may deduct \$50 for each additional skier from that skier's program fees. To facilitate bookkeeping, please deduct the \$50 from your final payment.

**TRAIL FEE:**

In addition, BSF Nordic has an annual trail fee of \$100 to cover the cost of on-snow training at Bohart, Lindley Park, Bozeman Creek, Hyalite, and Lone Mountain. Athletes in all age groups do not need to purchase a Bohart season pass or a Ski Lindley button; instead, BSF uses the trail fee to pay for grooming and training at these locations.

**OTHER POTENTIAL FEES:** (depending on your skier's age/level of participation) may include:

- Optional Non-volunteer payment \$150/skier (details below)
- West Yellowstone trail fees (for Fall Camp and Spam Cup races)
- Individual race fees
- Travel and coaching expenses for races and camps

## RACE/CAMP DETAILS

Racing and camp participation are not a requirement for athletes of BSF Nordic. Athletes may choose which races and camps they prefer, and may also choose never to race or go to camp. However, for those interested, BSF Nordic suggests the following options (listed races are appropriate for each age group and athletes are encouraged to take part in any and all). Please see your skier's age-group coach for more information.

AGE GROUP	SUGGESTED SKI RACES	SUGGESTED CAMPS
J5	<p><b>Local and regional ski races including:</b></p> <p>Christmas Pole, Bohart – December 6<sup>th</sup>, 2008            Lindley World Cup Race Series – <i>dates tbd</i>            Spam Cup Race Series (3 per year), West Yellowstone:                Dec. 20<sup>th</sup> – Classic                January 10<sup>th</sup> – Freestyle                February 15<sup>th</sup> – Classic (combined with qualifier)            West Yellowstone IMD qualifier – Feb. 14-15<sup>th</sup>, 2009*            Rendezvous Race, West Yellowstone – March 7<sup>th</sup>, 2009</p>	NA
J4	<p><b>Local and regional ski races including:</b></p> <p>Christmas Pole, Bohart – December 6<sup>th</sup>, 2008            Lindley World Cup Race Series – <i>dates tbd</i>            Spam Cup Race Series (3 per year), West Yellowstone:                Dec. 20<sup>th</sup> – Classic                January 10<sup>th</sup> – Freestyle                February 15<sup>th</sup> – Classic (combined with qualifier)            West Yellowstone IMD qualifier – Feb. 14-15<sup>th</sup>, 2009*            Rendezvous Race, West Yellowstone – March 7<sup>th</sup>, 2009            Western States Nordic Festival, <i>location/date TBD</i></p>	NA
J3	<p><b>Local and regional ski races including:</b></p> <p>Christmas Pole, Bohart – December 6<sup>th</sup>, 2008            Lindley World Cup Race Series – <i>dates tbd</i>            Spam Cup Race Series (3 per year), West Yellowstone:                Dec. 20<sup>th</sup> – Classic                January 10<sup>th</sup> – Freestyle                February 15<sup>th</sup> – Classic (combined with qualifier)            IMD Junior Nationals Qualifiers*                Jackson Hole, WY, Trail Creek Ski Trails – January 17-18, 2009                Soldier Hollow, UT – January 30-31, 2009                West Yellowstone, MT – February 14-15, 2009            Rendezvous Race, West Yellowstone – March 7<sup>th</sup>, 2009            Western States Nordic Festival, <i>location/date TBD</i></p>	<p><b>Canmore Summer Camp</b>            Canmore, AB, Canada  <i>(J3 second-year only)</i></p> <p><b>West Yellowstone Fall Camp</b>            West Yellowstone, MT            Thanksgiving week</p>

\* The Intermountain Division (IMD) has three qualifier races each year (held in various locations throughout the division—hosting clubs may include: Sun Valley, Jackson, Bogus Basin, McCall, Bozeman, West Yellowstone, and Soldier Hollow). Results from these races are used by the older juniors (J2 and up) to qualify for Junior Nationals. J3 athletes are encouraged to travel with the BSF team and race in the qualifiers to gain experience, motivation and team building. J5 and J4 athletes are encouraged to take part in these races when they are held in Bozeman and West Yellowstone.

## QUESTIONS?

Go to **bsfnordic.com** for program information; the BSF Nordic Handbook (which includes athlete code of conduct, van riding policy, scholarship opportunities, etc.); answers to FAQ; BSF Nordic News, and all necessary forms.

Or contact BSF Nordic Head Coach Dragan Danevski at 579-7874, [dragandanevski@yahoo.com](mailto:dragandanevski@yahoo.com), or BSF Nordic Administrator, Kristen Westesen at [bsf\\_nordic@yahoo.com](mailto:bsf_nordic@yahoo.com).

